



International Pre-Diabetes Center Inc.

Diabetes Self-Management & Prevention Education



KAISER PERMANENTE®

- **PARTNERSHPS SUPPORTING FQHC:**
- **Kaiser Permanente funded IPDC:** to deliver Training and Support to Federally Qualified Community Health Centers and Safety Net Clinics: to Improve Outcomes for Diabetes in Local Communities
- **Goal:** To Increase Access to Evidence- based/ Accredited Programs and Qualified/Trained Staff



Mission City
Community
Network, Inc.
"A Community Health Network"

Mission City Community Network: DSME/T

Program Sustainability IPDC TRAINING

Diabetes Self-Management
Education/ Training (DSME/T)
Program

Reimbursement: A Review

Yvonne E. Grant, Pharm.D, CGP, CDE, BC-ADM



Bio-sketch

Dr. Yvonne E. Grant, Pharm.D, CGP, CDE, BC-ADM

Dr. Grant has 30 years' experience in **Population Care Management** for diabetes, pre-diabetes and heart failure. She is a Subject Matter Expert (for Diabetes) to several organizations including: American Society of Consultant Pharmacists (ASCP), AcademyHealth, AstraZeneca, National Diabetes Education Program (NDEP) and several others.

She is a **Clinical Practice Researcher** and has worked on several performance improvement and clinical practice, and quality improvement research projects.

She is CEO and Program Manager to International Pre-Diabetes Center Inc. (IPDC).

IPDC is a non-profit organization in Panorama City, that increases access and sustainability of qualified programs for diabetes self-management and prevention.

Dr. Grant is passionate about closing gaps in health care, by addressing disproportionate disparities among vulnerable populations in local communities.

She is a Doctor of Pharmacy with Certifications: in Diabetes, Pre-Diabetes: "Train the Trainer", and Geriatric Pharmacy.

Agenda: FQHC Training

Review: What is DSME/T & Why Do We Need it?

Billing: Requirements, Who Can Bill?

Components: Specific to FQHC

Billing Codes: Reimbursement Rates

Preventative Services: Other Billing

Learning Objectives:

Upon completion of session, the attendee will be able to:

1. Describe the key DSME/T reimbursement factors

- Unique Features in FQHC
- Prevention Reimbursement
- Other Quality Reimbursements

2. Identify how FQHC are Paid for DSME/T ?

- Reimbursement Codes
- Reimbursement Rates
- When to Bill, Not to Bill?

Reimbursement: Diabetes Education

- Federally Qualified Community Health Centers
- Do You receive a higher reimbursement rate?

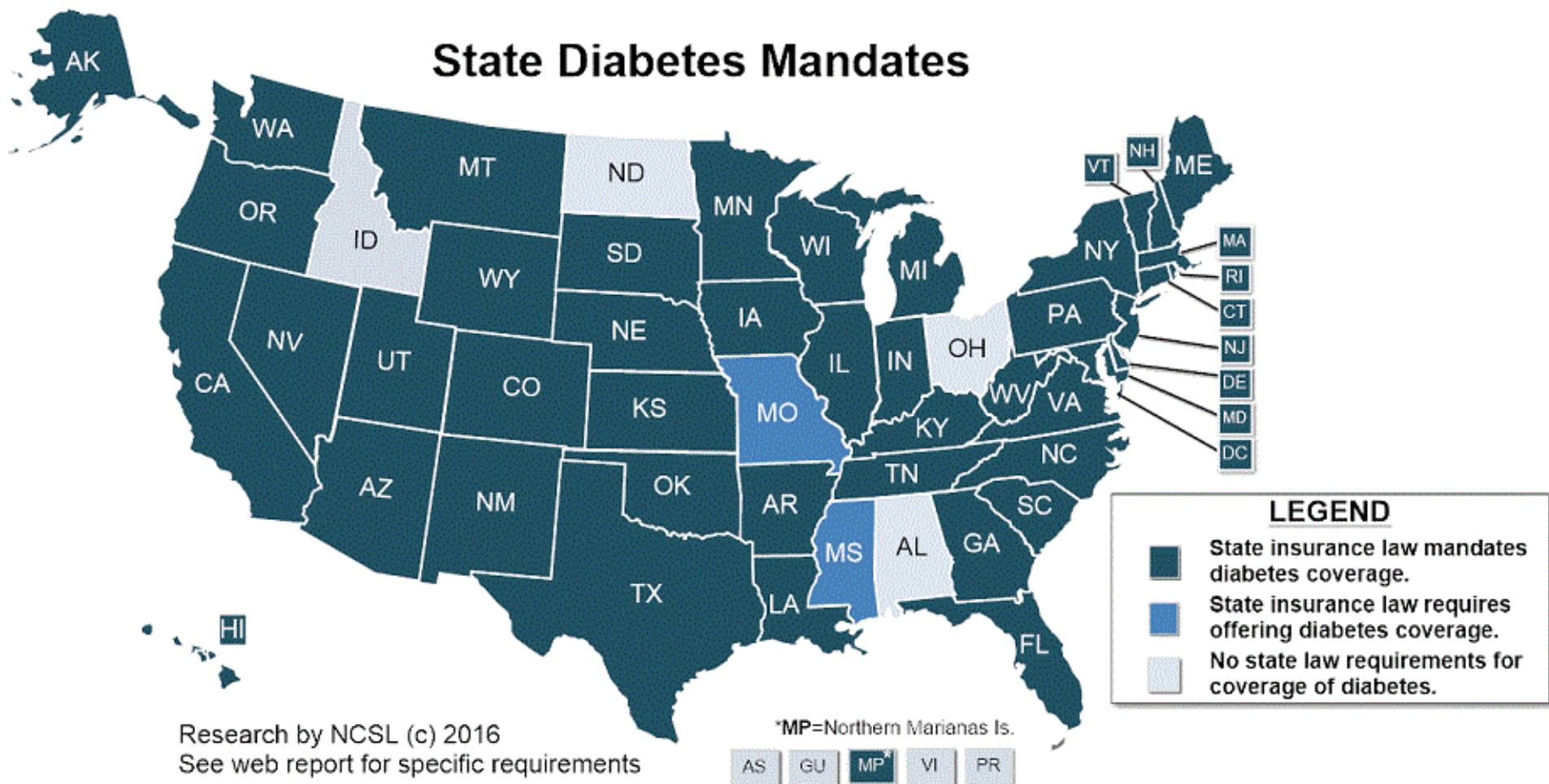


Review: What Is DSME/T ?

- Teaching patients to monitor and self-manage their diabetes is an important method for controlling this disease.
- Many states require all public and private health insurance plans to cover diabetes self-management education and training (DSME/T).
- The map on next slide shows which states have laws that require diabetes coverage for both private insurance plans and Medicaid

States With Mandates for Diabetes

State Diabetes Mandates

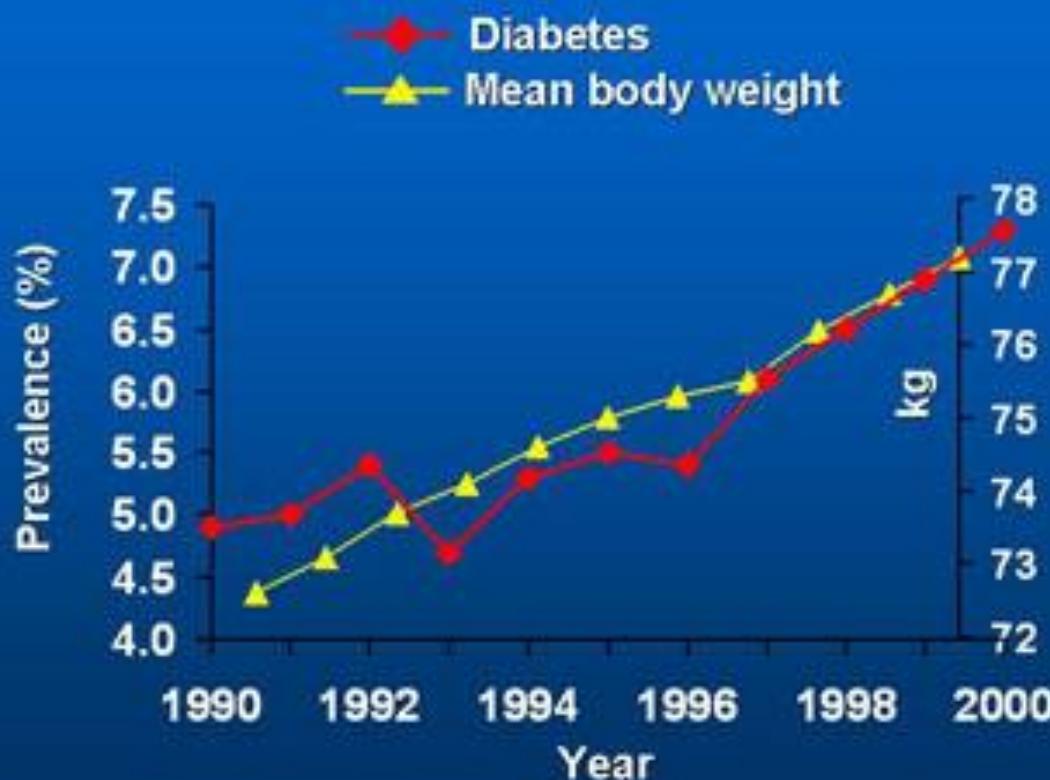


Why We Need DSME/T?

- More than 30 million U.S. adults have diabetes
- About 84 million US adults have pre-diabetes
- Diabetes: A1C : $>/= 6.5$
- Pre-Diabetes: A1c: 5.7 to 6.4
- You Should Know Your Numbers

Diabetes: Is A Most Rapidly Growing Epidemic

Diabetes and Obesity: The Continuing Epidemic



Mokdad AH et al. *Diabetes Care*. 2000;23:1278-83.

Mokdad AH et al. *JAMA*. 1999;282:1519-22.

Mokdad AH et al. *JAMA*. 2001;286:1195-200.

Diabetes: Chronic Disease Epidemic

SOCIETY

An American Epidemic

Diabetes

The silent killer: Scientific research shows a 'persistent explosion' of cases—especially among those in their prime

BY JERRY ADLER AND CLAUDIA KALB

SOMETHING TERRIBLE WAS HAPPENING TO YOLANDA BENTEZ'S eyes. They were being poisoned: the fragile capillaries of the retina attacked from within and were leaking blood. The first symptoms were red lines, appearing vertically across her field of vision; the lines multiplied and merged into a haze that shut out light entirely. "Her blood vessels inside her eye were popping," says her daughter, Jamette Roman, a Chicago college student. Bentez, who was in her late 40s when the problem began four years ago, was a cleaning woman, but she'd had to stop working. After five surgeries, she has regained vision in one eye, but the other is completely useless. A few weeks ago, awakening one night in a hotel bedroom, she walked into a door, setting off a paroxysm of pain and causes that hasn't let up yet. And what caused this catastrophe was nothing as exotic as pesticides or emerging viruses. What was poisoning Bentez was sugar.

Diabetes prevalence, by age

Age Group	1990	1998
18-29	1	2
30-39	2	4
40-49	4	7
50-59	7	11
60-69	10	15
>70	12	18

48 NEWSWEEK - SEPTEMBER 4, 2000



Heredity
Genes help determine whether you'll get diabetes. In many families, multiple generations are struck. But heredity is not destiny—especially if you eat well and exercise.

Yolanda Bentez, Bentez's daughter and Jamette, Bentez's mother and two brothers, died from complications of the disease.

LIES ABOUT SOCIAL SECURITY
Newsweek Sept. 4, 2000 • \$3.95

Fat for Life?

Six Million Kids Are Seriously Overweight. What Families Can Do.

By Geoffrey Cowley & Sharon Begley

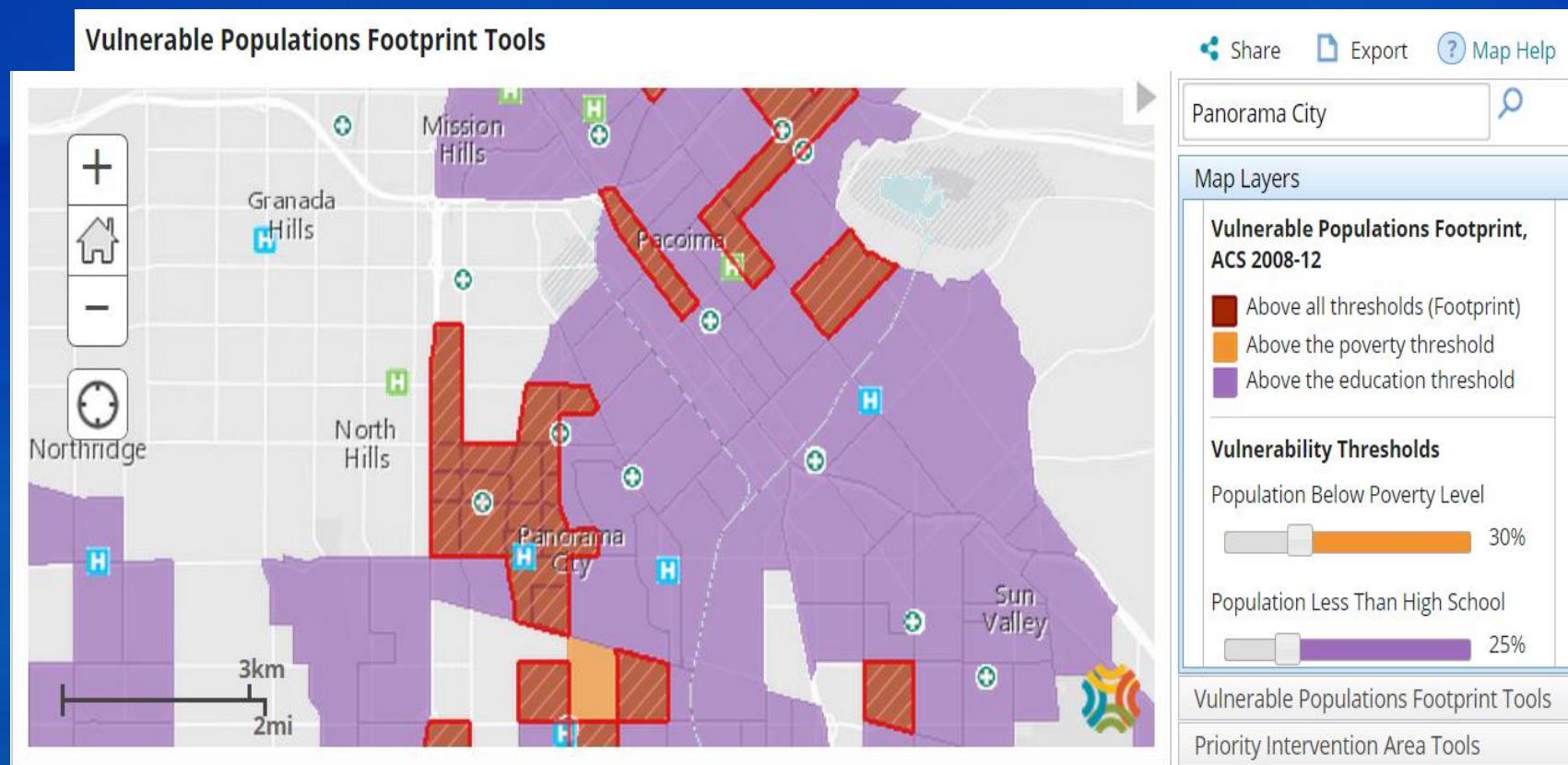
EVIDENCE: Pre-diabetes



- Nationwide
 - 30 million Americans have diabetes
 - An estimated 84 million adults have pre-diabetes

Vulnerable Census Tracts in Panorama City Area

Figure 3



Data: Obtained From Community Commons, Using Local Zip codes

Represents Communities Affected by Both Low Education and Poverty

Billing For DSME/T In FQHC

- There is one national, unadjusted “base” prospective payment system (PPS) rate for the FQHC-approved qualifying visit codes for all FQHCs.
- The rate is \$163.49 (January through December 2017).
- CMS updates this rate annually to reflect inflation and adjusts for each FQHC based on the facility’s location (referred to as the “geographical adjustment factor” or GAF).

Billing Requirements: Who Can Bill

- Accredited Programs
- Evidence-based Programs
- Only 2 Accrediting Organizations
- AADE, ADA
- Submit your Certificate to Medicare Provider Clearinghouse

Components Specific to FQHC

- Higher level of reimbursement for 1:1 education
- Do Not Bill for Group Education in FQHC
- It is assumed that patient are more challenging in FQHC and therefore 1:1 billing is approved for reimbursement

Billing Codes

Service	HCPCS Code	Short Description	Paid Under the PPS Methodology
Diabetes Self-Management Training (DSMT)	G0108	Diabetes management treatment per Indiv.	Yes
Intensive Behavioral Therapy for Obesity	G0447	Behavior counsel obesity 15m	Yes
Medical Nutrition Therapy (MTN)	97803	<i>Med Nutrition Indiv. subsequent</i>	Yes
	G0270	For change Dx	
Smoking and Tobacco Cessation Counseling	99406(2)	Behav. Change smok 3-10 m	Yes
	99407(2)	Behav. Chang. Smok > 10 m	
Screening for Depression	G0444	Depression screen annually	Yes

Working Together For Sustainability

- Check guidelines for multiple provider billing on the same day
- Ensure billing requirements are met:
 - Need Provider referral
 - Diagnosis
 - Billing codes and duration of service
- Work as a Team



Multidisciplinary Care Team

Other Preventative Services

- Did You Know? Effective January 2018:
- FQHC can receive payment for: chronic care management (CCM) Bill HCPCS Code G0511;
- Psychiatric collaborative care HCPCS Code G0512
- *Intense behavior therapy for cardiovascular disease G0447
- Smoking and tobacco cessation 99407 (2)



Key Concepts And Reminders

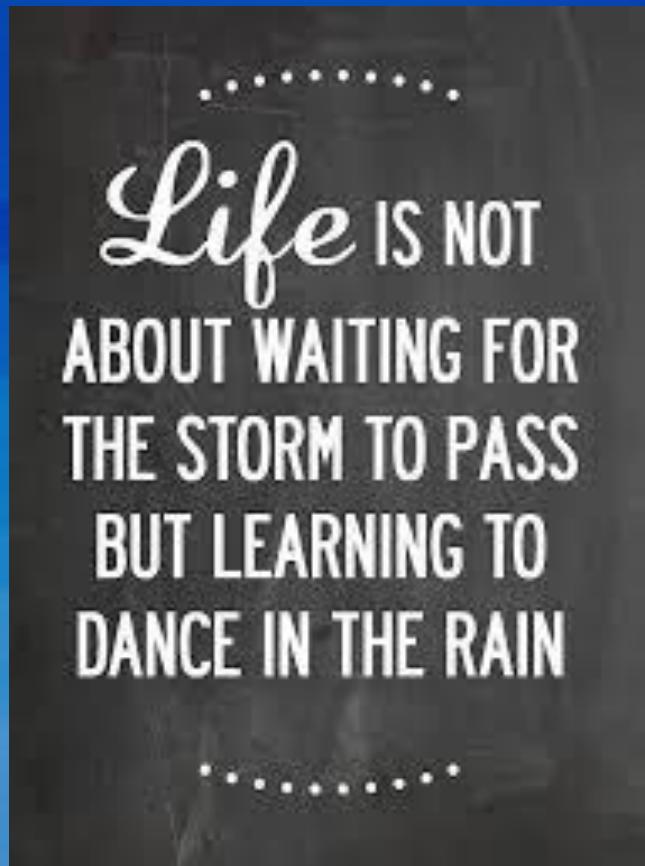


- Once Accredited, notify and send accreditation certificate to Medicare Administration Contractor (MAC).
- Complete the same process for state Medicaid program.
- Work closely with billers, business office, and finance team
- Ensure correct billing and appropriate claim processing for DSME/T

Reminders For Everyone

- Focus on four health pillars:

- Be physically active
- Eat a nutritious diet
- Get preventive screenings
- Make healthy choices



Challenge: Become the CHANGE That You Would Like To See
"Help Everyone lead healthier lives"

Thank You

Contact: ygrant@internationalprediabetescenter.org

A tropical beach scene featuring a single palm tree standing in shallow, clear blue water. A white beach chair is positioned on the sandy shore to the left of the tree. The background shows a bright blue sky with a few wispy clouds and a calm sea.

**References, Additional
Materials,
And Course Curriculum
Are Provided Upon Request**

QUESTIONS?