



# **International Pre-Diabetes Center Inc.**

Diabetes Self-Management & Prevention Education



## **KAISER PERMANENTE®**

- **PARTNERSHIPS SUPPORTING FQHC:**
- **Kaiser Permanente funded IPDC:** to deliver Training and Support to Federally Qualified Community Health Centers and Safety Net Clinics: to Improve Outcomes for Diabetes in Local Communities
- **Goal:** To Increase Access to Evidence- based/ Accredited Programs and Qualified/Trained Staff



Mission City  
Community  
Network, Inc.  
"A Community Health Network"

# Mission City Community Network: DSME/T

## Program Sustainability IPDC TRAINING

### Diabetes Self-Management Education/ Training (DSME/T) Program

#### Reimbursement: A Review

Yvonne E. Grant, Pharm.D, CGP, CDE, BC-ADM



# Bio-sketch

**Dr. Yvonne E. Grant, Pharm.D, CGP, CDE, BC-ADM**

Dr. Grant has 30 years' experience in **Population Care Management** for diabetes, pre-diabetes and heart failure. She is a Subject Matter Expert (for Diabetes) to several organizations including: American Society of Consultant Pharmacists (ASCP), AcademyHealth, AstraZeneca, National Diabetes Education Program (NDEP) and several others.

She is a **Clinical Practice Researcher** and has worked on several performance improvement and clinical practice, and quality improvement research projects. She is CEO and Program Manager to International Pre-Diabetes Center Inc. (IPDC).

IPDC is a non-profit organization in Panorama City, that increases access and sustainability of qualified programs for diabetes self-management and prevention.

Dr. Grant is passionate about closing gaps in health care, by addressing disproportionate disparities among vulnerable populations in local communities.

She is a Doctor of Pharmacy with Certifications: in Diabetes, Pre-Diabetes: "Train the Trainer", and Geriatric Pharmacy.

# Agenda: FQHC Training

**Review: What is DSME/T & Why Do We Need it?**

**Billing: Requirements, Who Can Bill?**

**Components: Specific to FQHC**

**Billing Codes: Reimbursement Rates**

**Preventative Services: Other Billing**

# Learning Objectives:

Upon completion of session, the attendee will be able to:

## 1. Describe the key DSME/T reimbursement factors

- Unique Features in FQHC
- Prevention Reimbursement
- Other Quality Reimbursements

## 2. Identify how FQHC are Paid for DSME/T ?

- Reimbursement Codes
- Reimbursement Rates
- When to Bill, Not to Bill?



# Reimbursement: Diabetes Education

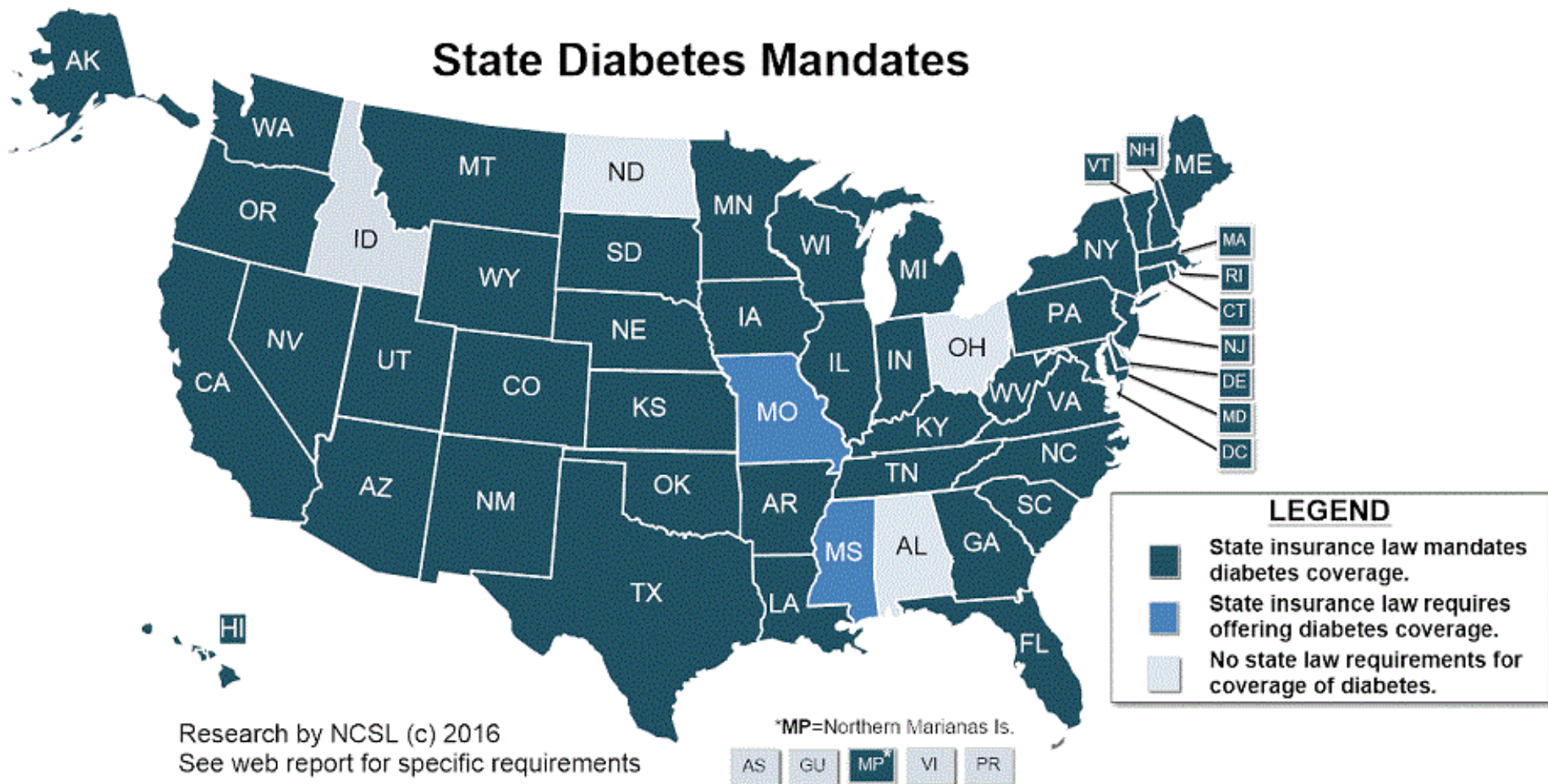
- ☐ Federally Qualified Community Health Centers
- ☐ Do You receive a higher reimbursement rate?



# Review: What Is DSME/T ?

- Teaching patients to monitor and self-manage their diabetes is an important method for controlling this disease.
- Many states require all public and private health insurance plans to cover diabetes self-management education and training (DSME/T).
- The map on next slide shows which states have laws that require diabetes coverage for both private insurance plans and Medicaid

# States With Mandates for Diabetes



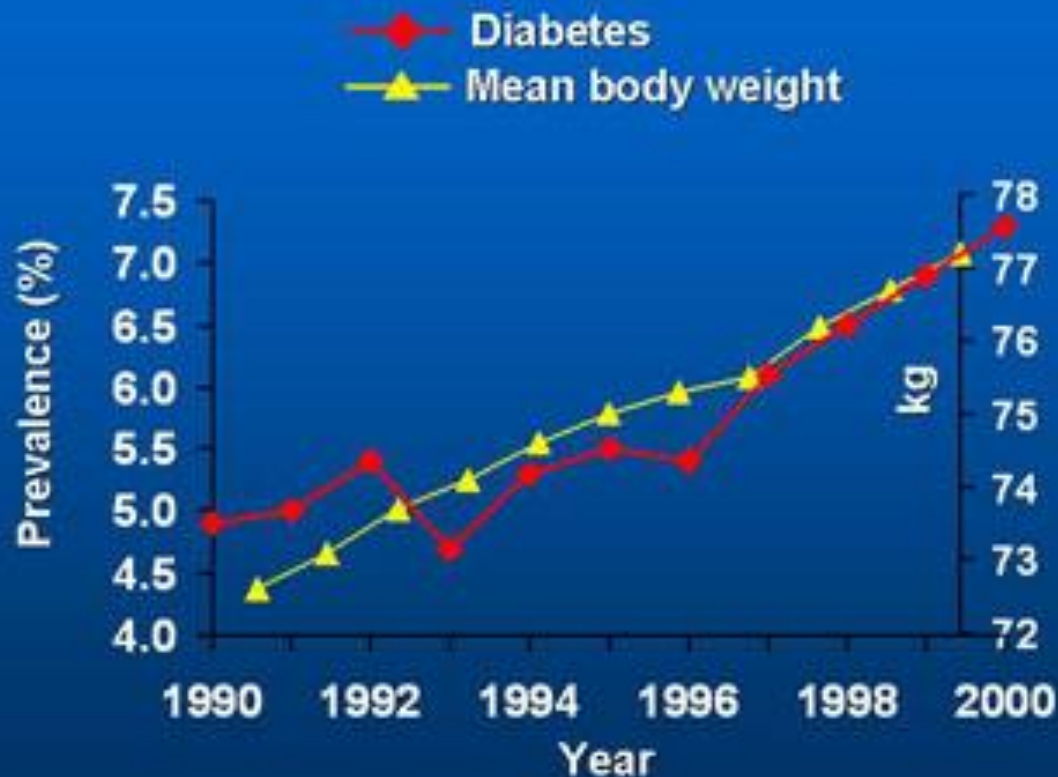


# Why We Need DSME/T?

- More than 30 million U.S. adults have diabetes
- About 84 million US adults have pre-diabetes
- Diabetes: A1C :  $\geq 6.5$
- Pre-Diabetes: A1c: 5.7 to 6.4
- You Should Know Your Numbers

# Diabetes: Is A Most Rapidly Growing Epidemic

## Diabetes and Obesity: The Continuing Epidemic



Mokdad AH et al. *Diabetes Care*. 2000;23:1278-83.

Mokdad AH et al. *JAMA*. 1999;282:1519-22.

Mokdad AH et al. *JAMA*. 2001;286:1195-200.

# Diabetes: Chronic Disease Epidemic

SOCIETY

## An American Epidemic

# Diabetes

**The silent killer:** Scientific research shows a 'persistent explosion' of cases—especially among those in their prime  
BY JERRY ADLER AND CLAUDIA KALB

SOMETHING TERRIBLE WAS HAPPENING TO YOLANDA BENTÍZ'S eyes. They were being poisoned; the fragile capillaries of the retina attacked from within and were leaking blood. The first symptoms were red lines, appearing vertically across her field of vision; the lines multiplied and merged into a haze that shut out light entirely. "Her blood vessels inside her eye were popping," says her daughter, Janette Roman, a Chicago college student. Bentíez, who was in her late 40s when the problem began four years ago, was a cleaning woman, but she had to stop working. After five surgeries, she has regained vision in one eye, but the other is completely useless. A few weeks ago, awakening one night in a hotel bedroom, she walked into a door, setting off a paroxysm of pain and nausea that hasn't let up yet. And what caused this catastrophe was nothing as exotic as pesticides or emerging viruses. What was poisoning Bentíez was sugar.

**Diabetes prevalence, by age**

Age Group	1990 (%)	1998 (%)
10-19	1.0	1.5
20-29	1.5	2.5
30-39	2.5	4.5
40-49	4.0	10.0
50-59	5.0	12.0
60-69	6.0	10.0
70+	7.0	10.0

40 NEWSWEEK SEPTEMBER 8, 2000

**Heredity**  
Genes help determine whether you'll get diabetes. In many families, multiple generations are struck. But heredity is not destiny—especially if you eat well and exercise.

JERRY PALKO: Bentíez (left) and Roman, Bentíez's daughter and her brother, died from complications of the disease.

LIES ABOUT SOCIAL SECURITY BY ALLAN SLOAN

# Newsweek

July 3, 2000 • \$3.95

## Fat for Life?

Six Million Kids Are Seriously Overweight.  
What Families Can Do.

By Geoffrey Cowley & Sharon Begley

# EVIDENCE: Pre-diabetes

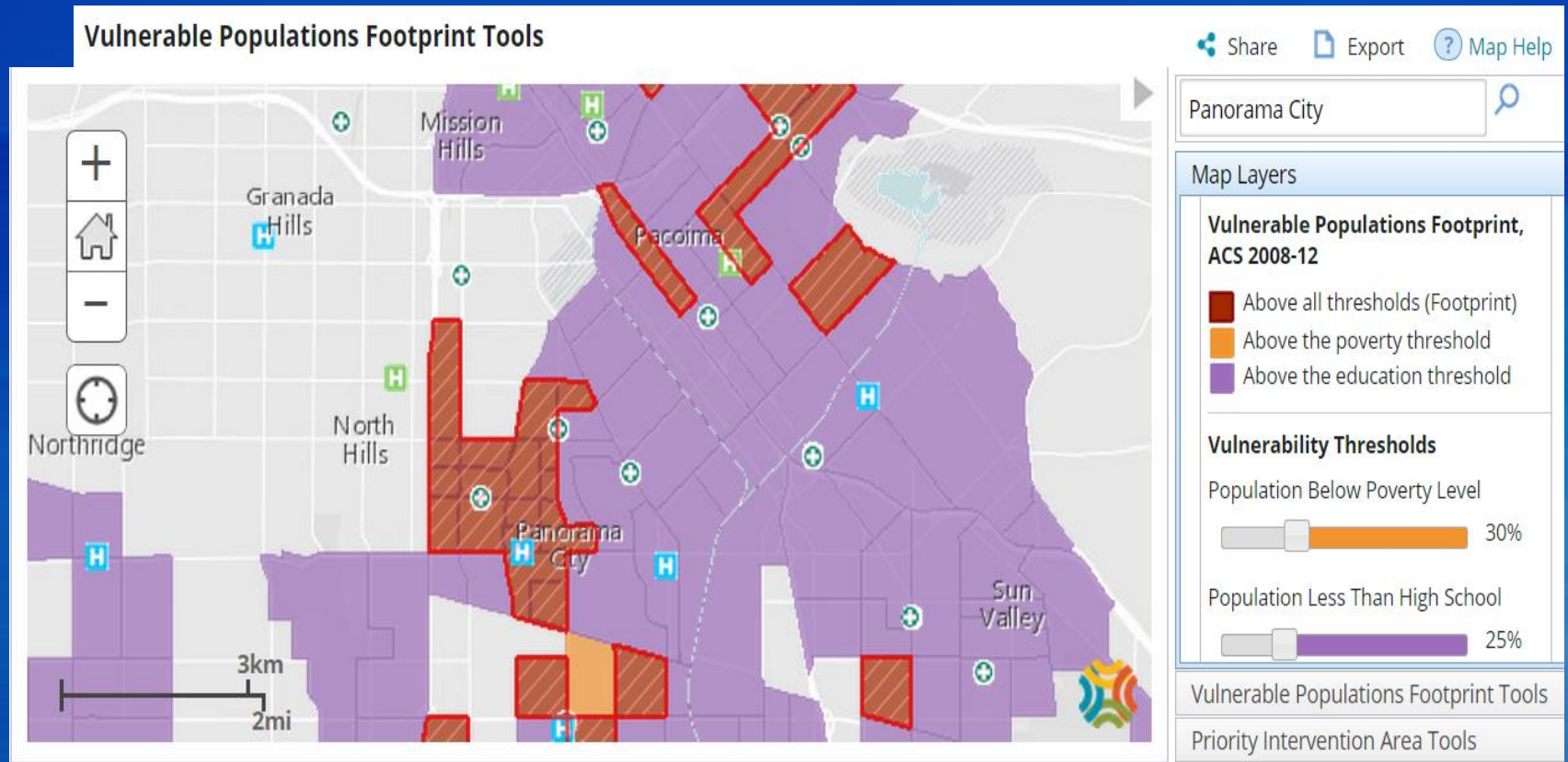


- Nationwide
  - 30 million Americans have diabetes
  - An estimated 84 million adults have pre-diabetes



# Vulnerable Census Tracts in Panorama City Area

Figure 3



Data: Obtained From Community Commons, Using Local Zip codes

Represents Communities Affected by Both Low Education and Poverty

# Billing For DSME/T In FQHC

- There is one national, unadjusted “base” prospective payment system (PPS) rate for the FQHC-approved qualifying visit codes for all FQHCs.
- The rate is \$163.49 (January through December 2017).
- CMS updates this rate annually to reflect inflation and adjusts for each FQHC based on the facility’s location (referred to as the “geographical adjustment factor” or GAF).

# Billing Requirements: Who Can Bill

- Accredited Programs
- Evidence-based Programs
- Only 2 Accrediting Organizations
- AADE, ADA
- Submit your Certificate to Medicare Provider Clearinghouse

# Components Specific to FQHC

- Higher level of reimbursement for 1:1 education
- Do Not Bill for Group Education in FQHC
- It is assumed that patient are more challenging in FQHC and therefore 1:1 billing is approved for reimbursement



# Billing Codes

Service	HCPCS Code	Short Description	Paid Under the PPS Methodology
Diabetes Self-Management Training (DSMT)	G0108	Diabetes management treatment per Individ.	Yes
Intensive Behavioral Therapy for Obesity	G0447	Behavior counsel obesity 15m	Yes
Medical Nutrition Therapy (MTN)	97803	<i>Med Nutrition Individ. subsequent</i>	Yes
	G0270	For change Dx	
Smoking and Tobacco Cessation Counseling	99406(2)	Behav. Change smok 3-10 m	Yes
	99407(2)	Behav. Chang. Smok > 10 m	
Screening for Depression	G0444	Depression screen annually	Yes

# Working Together For Sustainability

- Check guidelines for multiple provider billing on the same day
- Ensure billing requirements are met:
- Need Provider referral
- Diagnosis
- Billing codes and duration of service
- Work as a Team



Multidisciplinary Care Team

# Other Preventative Services

- Did You Know? Effective January 2018:
- FQHC can receive payment for: chronic care management (CCM) Bill HCPCS Code G0511;
- Psychiatric collaborative care HCPCS Code G0512
- \*Intense behavior therapy for cardiovascular disease G0447
- Smoking and tobacco cessation 99407 (2)



# Key Concepts And Reminders



- Once Accredited, notify and send accreditation certificate to Medicare Administration Contractor (MAC).
- Complete the same process for state Medicaid program.
- Work closely with billers, business office, and finance team
- Ensure correct billing and appropriate claim processing for DSME/T



# Reminders For Everyone

- Focus on four health pillars:
  - Be physically active
  - Eat a nutritious diet
  - Get preventive screenings
  - Make healthy choices



**Challenge:** Become the CHANGE That You Would Like To See  
“Help Everyone lead healthier lives”

# Thank You

Contact: [ygrant@internationalprediabetescenter.org](mailto:ygrant@internationalprediabetescenter.org)

**References, Additional  
Materials,  
And Course Curriculum  
Are Provided Upon Request**

## QUESTIONS?