



SCSEP

MEETING 6-6-2023

❖ SELF ADJUSTMENT

# Personal Growth



**In Self  
Adjustment**



## ❖ PRE TRAINING QUESTIONS

- ❖ How to put yourself in a position to succeed?
- ❖ How to do what you can with what you have?



# TRAINING VIDEO LINK

<https://www.youtube.com/watch?v=0tlodVT4AfY>



## **SUMMARY: DISCUSSION KEY POINTS**

- ❖ How to do what you can with what you have?
- ❖ How to put yourself in a position to succeed?





**QUESTIONS?**